

Create your own Botanical Blend

Please use this sheet to create your own Botanical Blend ready to mill.
Please use this worksheet in conjunction with the advice given in the task.

It is a really good idea to have something particular in mind when creating your own Botanical Blend. Is it a seasonal blend, for example, a winter blend? Is it a health care blend, for example, IBS? Is it a blend based on a cuisine or culture, or for someone in particular, or an event, or to celebrate your locality?

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Is it a dry blend? or a fresh blend?

Have you managed to connect any of the ingredients to a farmer, the soil, or provenance?

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Have you used any of the studies on the database for any of the ingredients? Please write the study number/s.

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Your botanical blend recipe

| Ingredient | Grams |
|------------|-------|
| 1 | |
| 2 | |
| 3 | |
| 4 | |
| 5 | |
| 6 | |
| 7 | |
| 8 | |
| 9 | |
| 10 | |
| 11 | |
| 12 | |
| 13 | |
| 14 | |
| 15 | |
| Total | 1000g |